## **PSYCHOLOGY MAJOR REQUIREMENTS**

## 40 units Psychology + 3-4 units Statistics

## 43-44 units

Required Core Courses RQ199

Psy 250 Introduction to Psychology (GE LD 4 / LD D) 3 units

Psy 280 Research Methods in Psychology 4 units

Psy 300 Psychology of Well-Being 4 units #

Total Core Units in Psychology 11 units

plus

Math 165 (GE LD 2 / LD B4) Statistics or Bus 211 or Econ 217 4 units

| Required Additional UD Courses                        |          |  |  |  |
|---|----------|--|--|--|
| One 3-4-unit Course in 4 of the 5 Breadth Areas       |          |  |  |  |
| Additional UD Elective Psychology Courses 13-17 units |          |  |  |  |
| Total Breadth/UD Elective Units in Psychology         | 29 units |  |  |  |
| Total Units in Psychology                             | 40 units |  |  |  |

RO829 Choose a minimum of one 3-4-unit course from at least 4 Breadth Areas. **BREADTH AREAS** 

ADDITIONAL UD COURSES RQ830 Choose 13-17 additional UD units from the Breadth Areas or Major UD Elective Courses to total 40 units in Psychology.

| Holistic   | Clinical / Counseling  | Developmental   | Social / Personality   | Cognitive / Physiological   |
|--|--|---|--|---|
| 307 Humanistic, Existential & Transpersonal Psychology 322 Myth, Dream & Symbol 342 Psychology of Meditation 358 Health Psychology 360 Peak Performance Psychology 390HOL Topics: Holistic 466 Jungian Psychology 470 Psychology of Film 471 Psychology of Religion * 485 Ecopsychology 490HOL Seminar: Holistic | 390CC Topics: Clinical/ Counseling 411 Child Psychopathology 425 Psychopathology 428 Introduction to Counseling 430 Depth-Oriented Psychotherapies 431 Introduction to Art Therapy 432 Counseling the Culturally Diverse * 490CC Seminar: Clinical /Counseling | 302 Life Span Development 390DEV: Topics: Development 408 Transitions in Adult Development 409 Social & Emotional Development 410 Child Development # 412 Adolescent Psychology 413 Adolescent Development through Film 414 Infant Development 418 Diversity in Families * 448 Cognitive Development 490DEV: Seminar: Development | <ul> <li>325 Social Psychology (UD 4 / D)</li> <li>327 Psychology of Organizations #</li> <li>328 Multicultural Psychology *</li> <li>390SP Topics: Social/Personality</li> <li>405 Psychology of Gender * #</li> <li>438 Psychological Aspects of</li></ul> | 362 Human Sexuality 390CP Topics: Cognitive/Physiological 415 Sensation and Perception 446 Cognitive Psychology 447 Learning and Behavior 450 Physiological Psychology 490CP Seminar: Cognitive / Physiological |

## MAJOR ELECTIVE COURSES RQ830 Courses range from 1-4 units

306 History of Modern Psychology 4 units

313 Careers in Psychology C/NC 2 units

314 Psychology of Self-Compassion C/NC 2 units

**481** Research Internship C/NC 1-4 units

490 Seminar 1-4 units

499 Internship C/NC 1-4 units

311 Dialogue Series C/NC 1-2 units

390 Topics 1-4 units

495 Special Studies C/NC 1-4 units

COUN 494 Counseling Experience C/NC 1 unit

All core courses and courses offered for a grade must be completed with a grade of C- or higher. A maximum of 8 units may be taken C/NC for the major.

- \* Diversity-focused Course
- # Writing Enriched Course (WEC): Meets GWAR
- LD = lower division (100-200 level) course UD = upper division (300-400 level) course