PSYCHOLOGY MAJOR REQUIREMENTS

40 units Psychology + 3-4 units Statistics 43-44 units

Required Lower Division Courses RQ199

Psy 250 Introduction to Psychology (GE D1) 3 units

Psy 270 Psychology of Self-Discovery 4 units

Psy 280 Research Methods 3-4 units

Total Lower Division Units in Psychology 10-11 units

Math 165 (GE B4) Statistics or Bus 211 or Econ 217 3-4 units

Required Upper Division Courses	
One 3-4-unit Course in 4 of the 5 Breadth Areas	15-16 units
Additional Psychology courses	13-15 units
Total Upper Division Units in Psychology	29-30 units

BREADTH AREAS RQ829

Choose a minimum of one 3-4-unit course from at least 4 Breadth Areas, completed with a grade of C or better.

ADDITIONAL COURSES RQ830 Choose 13-15 additional units from Breadth Areas or Additional Courses to total 40 units in Psychology.

Area 1 Holistic	Area 2 Clinical / Counseling	Area 3 Developmental	Area 4 Social / Personality	Area 5 Cognitive/
				Physiological
307 Humanistic, Existential & Transpersonal Psychology 322 Myth, Dream & Symbol 342 Psychology of Meditation 358 Health Psychology 360 Peak Performance Psychology 466 Jungian Psychology 470 Psychology of Film 471 Psychology of Religion 485 Ecopsychology 490 Seminar: Holistic	411 Child Psychopathology 425 Psychopathology 428 Introduction to Counseling 430 Depth-Oriented Psychotherapies 431 Introduction to Art Therapy 490 Seminar: Clinical / Counseling	302 Life Span Development 408 Transitions in Adult Development 409 Social & Emotional Development 410 Child Development 412 Adolescent Development 413 Adolescent Development 414 Infant Development 418 Psychology of Family 448 Cognitive Development 449 Seminar: Developmental	 325 Social Psychology (GE D 327 Psychology of Organizations 328 Multicultural Psychology * 405 Psychology of Gender * 438 Psychological Aspects of Disability* 461 Personality 490 Seminar: Social/ Personality 	362 Human Sexuality 415 Sensation & Perception 446 Cognitive Psychology 447 Learning & Behavior 450 Physiological Psychology 490 Seminar: Cognitive / Physiological

ADDITIONAL COURSES RQ830 Courses range from 1-4 units

306 History of Modern Psychology 4 units	314 Psychology of Self-Compassion C/NC 2 units	495 Special Studies C/NC 4 units max/semester
311 Dialogue Series C/NC 1-2 units	481 Research Internship C/NC 4 units max/semester	499 Internship C/NC 4 units max/semester
313 Careers in Psychology C/NC 2 units	490 Seminar 1-4 units	494 COUN Counseling Experience C/NC 1 unit

All lower-division courses and courses offered for a grade must be completed with a grade of C or better. A maximum of 4 units may be taken C/NC in the major.

Psy 490 courses range from 1-4 units. Topics change each semester—check the Search Classes for current offerings.

* Diversity-focused courses are indicated with an asterisk. Check the Search Classes for current 490 seminars that are diversity-focused.